

VISIONS VISIONS

THE MONTHLY NEWSLETTER OF THE
HOLY TAXIARHAI AND SAINT HARALAMBOS
GREEK ORTHODOX CHURCH
7373 CALDWELL AVENUE, NILES, ILLINOIS · 60714
PHONE (847) 647-8880

"Where there is no vision, the people perish." (Proverbs 29:18)

GREAT LENT 2011

Special Issue

Lenten Guide for 2011

The Significance of Great Lent

by Fr. George Mastrantonis

Great Lent before Easter is when the Christian participates fully in preparing himself to praise and glorify his God as Lord and Savior. Great Lent is like a "workshop" where the character of the faithful is spiritually uplifted and strengthened; where his life is rededicated to the principles and ideals of the Gospel; where the faith culminates in deep conviction of life; where apathy and disinterest turn into vigorous activities of faith and good works.

Lent is not for the sake of Lent itself, as fasting is not for the sake of fasting. But they are means by which and for which the individual believer prepares himself to reach for, accept and attain the calling of his Savior. Therefore, the significance of Great Lent is highly appraised, not only by the monks, but also by the lay people themselves. As such, Great Lent is the sacred Institute of the Church to serve the individual believer in participating as a member of the Mystical Body of Christ, and, from time to time, to improve the standards of faith and morals in his Christian life.

The deep intent of the believer during the Great Lent is "forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal of the prize of the upward call of God in Christ Jesus" (Philippians 3:13-14).

March/April Schedule of Services

First Sunday of Lent, March 13—Sunday of Orthodoxy

Σταυροπροσκύνησις

8:15 am—Orthros

9:30 am—Sunday School

9:45 am—Divine Liturgy

Monday, March 14— 6:00 pm—Great Compline

Wednesday March 16— 6:00 pm—Presanctified Liturgy

Friday, March 18— 7:00 pm—Salutations to the Theotokos

Second Sunday of Lent, March 20—St. Gregory Palamas

8:15 am—Orthros

9:30 am—Sunday School

9:45 am—Divine Liturgy

Monday, March 21— 6:00 pm—Great Compline

Wednesday March 23— 6:00 pm—Presanctified Liturgy

Friday, March 25

8:30 am—Orthros and Liturgy—THE ANNUNCIATION

7:00 pm—Vespertal Salutations to the Theotokos

Third Sunday, March 27—Veneration of the Holy Cross

Σταυροπροσκύνησις

8:15 am—Orthros

9:30 am—Sunday School

9:45 am—Divine Liturgy

Monday, March 28— 6:00 pm—Great Compline

Wednesday March 30— 6:00 pm—Presanctified Liturgy

Friday, April 1— 7:00 pm—Salutations to the Theotokos

Fourth Sunday of Lent, April 3—St. John of the Ladder

8:15 am—Orthros

9:30 am—Sunday School

9:45 am—Divine Liturgy

Monday, April 4— 6:00 pm—Great Compline

Wednesday, April 6

6:00 pm—The Great Canon of St. Andrew of Crete

Friday, April 8— 7:00 pm—The Akathist Hymn

Fifth Sunday of Lent, April 10— St. Mary of Egypt

8:15 am—Orthros

9:30 am—Sunday School

9:45 am—Divine Liturgy

Wednesday April 13— 6:00 pm—Presanctified Liturgy

Saturday of Lazaros, April 16

8:30 am—Orthros

9:30 am—Divine Liturgy with Commentary

PALM SUNDAY, APRIL 17

SACRAMENTS AND BLESSINGS

BLESSINGS OF INFANTS—Forty days after birth, a child and its mother come to church to receive a 40 Day Blessing, imitating Christ who was presented in the Temple 40 days after He was born. Please call the church office to arrange this blessing.

BAPTISMS—Please call the church office to schedule Baptisms. Plan ahead!—there are some days when Baptisms are not performed. Keep in mind that there should be only one Godparent and that a child is supposed to be given but one name when he or she is baptized.

WEDDINGS—Please arrange an appointment with Fr. Dean at least eight months before the proposed wedding date to allow time for all necessary marriage preparation.

CONFESSION—Confessions are arranged by appointment. Please call the church office to schedule Confession.

MINISTRY TO PERSONS WHO ARE SICK—Orthodox Christians who would like to receive Holy Sacraments but are unable to attend church (hospitalized or at home) should contact the church office so Holy Sacraments can be administered to them.

Please inform the church office if your loved one is hospitalized! Most hospitals no longer inform us when they receive patients from our parish.

MEMORIAL SERVICES—Memorial Services are offered for the eternal rest of persons who have fallen asleep in the Lord. Customarily, these services are offered at 40 days, at 6 months, at 1 year and at 3 years. When three years have passed, the departed are more properly remembered on the Saturdays of the Souls.

DID YOU KNOW?...

OUR CHURCH'S TEACHING ABOUT CREMATION

The New Testament teaches that the body is the Temple of the Holy Spirit. The body is further sanctified by the incarnation of Christ—God becoming Man *in the body*. Consistent with this teaching, the body is an integral part of the whole person, and the Church teaches and expects the resurrection from the dead of the body and the soul, when God's Kingdom comes in its fullness.

The Church considers cremation to be the deliberate desecration and destruction of what God has made, and insists that the body be buried for the natural process to take place.

As the denial of the resurrection, in cases where there is intention for the body of a deceased person to be cremated, a church funeral is not allowed, either in the church, or the Funeral home or any other place. Additionally, memorial services with kolyva are not allowed, since the significance between the "kernel of wheat" and the "body" has been willfully destroyed.

2011

STEWARDSHIP

As of February 25,
221 stewards have committed
\$144,969 .00

Have you become a 2011 Steward yet?



HOLY TAXIARHAI AND SAINT HARALAMBOS GREEK ORTHODOX CHURCH

7373 CALDWELL AVENUE, NILES, ILLINOIS 60714
PHONE: 847/647-8880

From Father Dean

Great Lent 2011

Dear Friends and Parishioners,

Great Lent has begun! At first, it seems like it will never end, then, before we know it, Pascha has come! Therefore, let us take it seriously from the beginning in order to profit from all that it offers us!

Again this year, we have prepared this **special Lenten Edition of our Visions newsletter** to help us focus on Great Lent and its themes of Humility, Repentance, Confession, Prayer, Catharsis and Fasting. Before us lies a beautiful journey, leading us to forgiveness, peace and God's Kingdom!

Every year we emphasize the very special and magnificent Lenten prayer services of our holy Orthodox faith. Last year, many people commented, "Oh! These services are so beautiful! I'm sorry that I never came to them before!" Maybe this will finally be the year that some of us will finally attend them!

On Monday evenings, we have the **Great Compline** service. It is simply the reading and chanting of Psalms and prayers of repentance.

On Wednesday evenings, we celebrate the **Liturgy of the Presanctified Gifts**. At this service Holy Communion is offered to those who have prepared, as a way of strengthening and supporting the faithful through the Lenten fast.

On Friday evenings, we sing the **Salutations to the Theotokos** as the Invincible Champion (Τῆ Ὑπερμάχῳ Στρατηγῷ) who gave birth to our Savior and who protects us through her intercessions to Him. Altogether, these services form a Lenten rhythm and posture that is so beneficial to the conscientious Christian.

One of the highlights of the Lenten season is the annual **Pan Orthodox Akathist Hymn** which will take place on April 12 at the New Gracanica Serbian Monastery in Grayslake, with the participation of the excellent Pan-Orthodox Choir of Chicago. Plan to make a special effort to attend it!

We also remind you that our parish **Oratorical Festival** will take place after church on Sunday, March 20. Come to admire the children of our Sunday School, as well as the teens who have prepared speeches, essays and poems!

Let's make a serious effort this year to follow the Lenten Schedule. The fathers of the Church have developed the Lenten process with great wisdom and experience, and we can all benefit greatly from the Lenten effort!

Καλή Σαρακοστή!

Fr. Dean

HOLY TAXIARHAI AND SAINT HARALAMBOS GREEK ORTHODOX CHURCH NILES, ILLINOIS

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A PLEA TO ALL SUNDAY SCHOOL

PARENTS: Sunday School begins
at 9:30 every Sunday. Please
help your children be on time!



OUR 2011 BIG GREEK FOOD FEST

**will take place July 16-18 this summer.
Mark your calendar! Please consider
planning your vacation before or
after our Fest so you can help!**

OUR LENTEN JOURNEY

When we prepare to take a trip, we first choose a destination. Thus it is with Great Lent. First and foremost, Lent is a spiritual journey and the destination is Pascha, "the Feast of Feasts."

On Easter we celebrate Christ's Resurrection as something that happened and still happens to us. For each one of us received the gift of that new life and the ability to accept it and live by it. It is a gift which can and should alter our attitude toward everything in this world, including death. It makes it possible for us to joyfully affirm: "Death is no more!" Death still exists and all of us shall experience it, but our faith teaches that by His own death Christ changed the very nature of death, making it a "passover," a "Pascha" into the Heavenly Kingdom, transforming the greatest of tragedies into the ultimate victory.

Such is the faith of the Holy Orthodox Church. It was preached by the Holy Apostles and affirmed by the Saints throughout the ages. However we tend to become immersed in our daily preoccupations and we forget. We forget that Christ died so that we may live. As a result our life becomes old, dark, and meaningless. Our lives become a meaningless journey toward a meaningless end. In fact, we live as if Christ never was born, crucified, or gloriously resurrected from the dead.

FORGIVENESS AND HEALING

To forgive does not mean to forget what has happened, but to shoulder the weight of another person's frailty or even another person's evil. St. Paul says, "Learn to carry one another's burdens." These burdens are often the failure of each of us to be worthy of our calling—our incapacity to love one another, to accept one another, to serve one another, to help one another on the way that leads to God. Let each of us pass a judgment on our whole soul, on our whole life, judge ourselves honestly and ask forgiveness not only from God but from our neighbor, which is sometimes much harder than asking forgiveness from God.

We are all frail. We are all in need of support. Do we give this support to one another? Or do we chose those whom we want to support because we like them, because supporting them is a joy, because supporting them means that they also respond to us by gratitude, by friendship? Let us avoid seeking reasons not to forgive.

I remember a man who said to me, "I can forgive every person who has sinned against me, I can even love them, but I must hate the enemies of God." I thought of something which is told to us in the life of one of the saints, in which a priest was praying to God to

This is the greatest of sins, for it renders Christ's ultimate sacrifice meaningless.

If we realize this, then we may understand what Easter is and why we need Great Lent. Our God knows our weaknesses and therefore provides the necessary tools. For we may then take advantage of our liturgical traditions during Great Lent so that new life which we so easily lose, may be restored. This is where Great Lent comes in. This is the help extended to us by the Church, for She gives us repentance which alone will make it possible to receive our Resurrected Lord. The Church calls us to begin our preparation even before Great Lent. We are called to climb the sycamore tree with Zacchaeus, to bow our heads humbly with the Publican, and to return to our Father with the Prodigal son.

This year as we begin our Journey let us remember our destination. It is the joy of Pascha. It is the life that Christ came to give us. It is the Resurrection that was a result of His betrayal, arrest, beatings, and Crucifixion. It is the "Feast of Feasts" because it gives us the freedom to live without the fear of death. Having discovered our destination, let us begin our Journey to Pascha. Have a blessed journey! Καλο Ταξίδι!

—Fr. Chrysanthos Kerkeres

punish those who betrayed Him by their lives if not by their words. And Christ appeared to him and said, "Never pray for the punishment or the rejection of any one. If there was only one sinner in the world, I would choose to be incarnate again, and again to die upon the cross for this only sinner."

Remember, if we do not forgive our brother, it is not only he who goes away with pain and tears in his heart, but we are wounded. If we do not forgive, we are ourselves not healed. The evil that occurred to us at the hands of another person remains with us, damaging our soul, destroying us.

Let us learn to forgive, so that others may be healed, but also that we may be healed ourselves. Come and bow before the icon of Christ and of the Mother of God, then turn to one another with the readiness to be forgiven and to forgive, whatever the cost to us.

Metropolitan Anthony Bloom of Sourozh
*from a Forgiveness Vespers sermon given in 1999
(from "In Communion," the journal of the
Orthodox Peace Fellowship, January 2010)*

LOOKING AHEAD....

VACATION CHURCH SCHOOL will take place this summer during the week of June 20-24. This is one of our very popular programs, and everyone has a great experience. Moms and Dads are needed to help! Please mark your calendar and reserve the dates!

OUR BIG GREEK FOOD FEST OF NILES will take place July 16-18 this summer, and planning has already begun. Of course, we will need much help, and we are always looking for new ideas and new people to get involved! Please talk to Niki Tziavaras, Bill Bozikis, Tom Andrews, George Anastasiadis, Fr. Chris or Father Dean if you would like to offer your help.

OUR ANNUAL CHECK-UP

It used to be that people would only go to a doctor when they were sick, or when they were experiencing symptoms that caused them concern. In recent times, however, the trend has been toward preventive medicine, stressing regular checkups with a doctor even if the patient feels well and doesn't have any obvious health problems. During a checkup, the doctor examines the patient, performs tests, and asks a series of questions. These questions are more than just a checklist that anyone could ask. They are designed to reveal to the doctor if there are any warning signs that the patient is at risk of developing a health problem in the future ... and even more importantly, to discover if the patient may have a health problem that is hidden but needs to be treated now before it gets worse. Also, if the patient visits the same doctor for each checkup, the doctor can note any changes from year to year that the patient may not have noticed day-to-day.

Although not everyone likes going to the doctor, few would argue with the fact that a doctor's medical training and experience allow the doctor to diagnose health risks and issues that we cannot diagnose ourselves. When it comes to our physical health, we turn to a doctor to ensure we stay healthy or to get well when we are sick.

As Christians, we understand that we are not just *physical* beings, but also *spiritual* beings. We are not just *creatures*, but also *persons*. And so we need to attend to our spiritual health along with our physical health.

When it comes to our spiritual health, then, to whom should we turn?

In a similar way to modern medicine, the Church has from its earliest days provided us with a way to get a spiritual "checkup," a preventive medicine for the soul. This, of course, is the sacrament (mystery) of confession.

Confession is mentioned by the Apostles in the New Testament:

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1:9)

Confess your sins to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much. (James 5:16)

And our Lord Jesus Christ himself gave authority to the Apostles to administer God's forgiveness for sins:

So Jesus said to them [the Disciples] again, "Peace to you! As the Father has sent Me, I also send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." (John 20:21-23)

This Apostolic authority has been handed down over the centuries through the sacrament of ordination in the Orthodox Christian Church to the bishops and presbyters of today. And so, we can go to them for our spiritual health. If we have a spiritual problem, they have the training, experience, and guidance of the Holy Spirit to diagnose the problem and provide a therapy or remedy. And even if we do not feel that we have spiritual problems, we should still go for the "preventive spiritual medicine" that confession provides. Just as a doctor examines a patient and asks questions in order to look for health risks or uncover hidden problems, the priest can diagnose our spiritual problems and help us overcome them in the sacrament of confession.

For a Christian, spiritual health is to grow closer to God and grow into His image and likeness (Theosis). Anything that separates us from God, or leads us away from Him, is a sin. We cannot overcome sin on our own, but we can as members of the Church, the Body of Christ. Confession is the means to overcoming sin in the life of the Church. It is more than just saying what our sins are, but repenting, that is, changing our ways so we do not repeat those sins. By confessing our sins in the sacrament of confession in the presence of the priest, and by returning for regular "checkups," the priest can help us avoid repeating the same sins and truly changing our ways. And by going to the priest for confession, we can be sure we receive God's forgiveness through the authority given to the Apostles by our Lord Jesus Christ Himself.

Just as we go to see a doctor on a regular basis to ensure our physical health, we should go to confession regularly for our spiritual health. Great Lent is the perfect opportunity to participate in this wonderful gift that God has given us. Along with the special Lenten worship services, prayer and fasting, confession truly prepares us for Holy Week and Pascha. If we have ever felt that the observance of our Lord's Crucifixion and Resurrection was not as meaningful as it should have been, then perhaps the missing element was confession. To experience fully the meaning of Holy Week and the "Feast of Feasts," we need to be prepared. Confession will prepare us by casting away the obstacles and barriers that separate us from God. It will purify our soul and bring us closer to both our Lord and our loved ones around us. Then we can experience the joy that we are meant to experience in the life of the Church, not just at this time of the year but throughout our lives.

—Dn. Fr. John Suhyda

**PAN-ORTHODOX
AKATHIST HYMN**
7:00 pm - Tuesday, April 12, 2011
Holy Protection Serbian Monastery
Grayslake, IL

THOUGHTS FOR GREAT LENT

THOUGHTS ABOUT FASTING AND VIRTUE

From the Gospel of Matthew 15:10-11, 15-20

¹⁰ When He had called the multitude to *Himself*, He said to them, “Hear and understand: ¹¹ Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man.”

¹⁵ Then Peter answered and said to Him, “Explain this parable to us.”

¹⁶ So Jesus said, “Are you also still without understanding? ¹⁷ Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? ¹⁸ But those things which proceed out of the mouth come from the heart, and they defile a man. ¹⁹ For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies.

²⁰ These are *the things* which defile a man.”

The Lenten Prayer of St. Ephraim the Syrian

○ Lord and Master of my life,
Give me not the spirit of laziness,
meddling, love of power and gossip;

Give, rather, the spirit of purity,
humility, patience and love to me,
Your servant.

Yea, O Lord and King,
Grant me to see my own faults
and not to judge my brother,
For You are blessed to the ages of
ages. Amen.

PAN-ORTHODOX AKATHIST HYMN

7:00 IN THE EVENING,
TUESDAY, APRIL 12, 2011

Holy Mother of God
Serbian Orthodox Monastery
Rt. 45, 1 mile south of Rt 132
(Grand Av.)
Third Lake (Grayslake), IL

RESPONSES WILL BE SUNG BY
THE PAN-ORTHODOX CHOIR
OF GREATER CHICAGO

**SATURDAY OF LAZAROS
FAMILY RETREAT
SATURDAY, April 16, 2011!**

SATURDAY OF LAZAROS— The Neglected Holiday

As Holy Week approaches, one beautiful holiday, the **Saturday of Lazaros**, seems to get neglected. The great miracle of *raising Lazaros from the dead* is an important holiday, and vital to us in understanding Palm Sunday and in our anticipation of our Lord's Resurrection, a few days later!

This year, we will celebrate the Divine Liturgy on Saturday of Lazaros, April 16 at 9:00 am. This will be a **Liturgy with Commentary**, and an excellent learning opportunity as the Liturgy is EXPLAINED. We urge everyone—especially families—to attend! Please plan to remain after the Liturgy to help make palm crosses, to be passed out on Palm Sunday.

Our Family Retreat will take place after the Liturgy, as well. Learn about “Prophora: Our Offering to God.” Call the church office to register for the Retreat!

Don't miss the Annual

FESTIVAL OF BOOKS HOLY APOSTLES CHURCH WESTCHESTER, IL March 20-27, 2011

Speakers:

Sunday, March 20, Fr. Meletios Webber:

Bread and Water: Wine and Oil”

Tues, March 22, Bishop Ilias Katre:

“Christianity in the Albanian World Today”

Thurs, March 24, Mr. Matthew Namee:

“The History of the Greek Orthodox Church in Chicago”

GREAT LENT AND FOOD

Lent is about Humility, Repentance, Confession, Prayer and Catharsis, as well as Fasting. In these Food Channel times, we thought you'd enjoy a page about Lenten cooking and food!

Lenten Recipes

Here are a couple of our favorite Lenten Recipes that we thought you might like to try. For more recipes, visit these sites:

http://greekfood.about.com/od/greekfastingrecipes/Greek_Orthodox_Fasting_Lenten_Recipes.htm
<http://stgeorgepantry.org/vegetarianewcipes.html>
http://orthodoxlife.info/component/option,com_weblinks/catid,64/Itemid,177/

VEGETARIAN THREE-BEAN CHILI (makes 6 cups)

from Fr. Makarios Mannos

1 cup chopped onion
1/4 cup chopped green pepper
1 can - 14 oz. diced tomatoes with juice.
1 can - 15 oz. each of black beans, red kidney beans, and white northern beans, drained and rinsed.
4 tsp. Chili powder
1 tsp. each of garlic powder, cumin, oregano, and basil
2 tsp. sugar
1/2 tsp. each of salt and pepper

Saute onion in a 2 T. of veg oil or water, add other ingredients.

Bring to boil and simmer 20-30 minutes.

Serve with....rice or pasta.

LENTEN CHOCOLATE CAKE (9x13 size pan)

Preheat oven 350 degrees
(ready-made canned frostings are Lenten)

3 cups flour
2 tsps soda
6 tbsps cocoa (non sweetened, powder)
1 tsp salt
1 1/2 cups sugar
3 tbs. vinegar (white or cider)
2 tsps. vanilla
3/4 cup vegetable oil (or substitute applesauce for strict fast)
2 cups cold water

Measure flour, soda, cocoa, salt, and sugar into large mixing bowl, mix with wire whisk. Add vinegar, vanilla, oil and water; mix well with wire whisk. Pour batter into greased 9x13 baking pan. Bake at 350 degrees for 45-50 minutes.

FOODS PERMITTED DURING GREAT LENT

One of the great disciplines of the Lenten season is fasting. After His baptism, even Christ fasted for 40 days in the wilderness; to fast, therefore, is one way of imitating Christ.

In Orthodox Christian tradition, we can distinguish two kinds of fasting. One is *absolute fasting*, which means to eat or drink nothing at all. Obviously, absolute fasting is observed only for short periods of time; this, for example, is the fast that we keep from the time we wake up until receiving Holy Communion.

We also observe certain seasons of fasting, such as the 40 day period of Great Lent which precedes Holy Week and Pascha. This kind of fasting may be called *ascetical fasting*, because it consists mainly in abstinence from certain foods over a longer period of time. Its goal is to train and liberate us from the dominance of the flesh. To restore the primacy of the soul over the body requires a slow and patient effort; through fasting, we discover that we do not live "by bread alone". During these fasting periods, we continue to keep this ascetical fast even after receiving Holy Communion, and meats and fats are not permitted.

But what can we eat? Here is a list of foods that are permitted during Great Lent:

1. Sea foods (other than fish): Shrimp, lobster, squid, octopus, oysters, clams, scallops, etc.
2. All fresh, canned or dried fruits.
3. All fresh, canned or dried vegetables.
4. Olives.
5. Bread and pastas: Spaghetti, macaroni, couscous, etc.
6. Grains and legumes: Rice, beans, chick peas, lentils, etc.
7. All kinds of nuts: Peanuts, walnuts, almonds, etc.
8. On weekends, oil and wine are permitted, also.

Note: Fish is permitted on March 25 and Palm Sunday

**The Fear of the Lord
is the Beginning of Wisdom;
fools despise wisdom and instruction.
Proverbs 1:7**

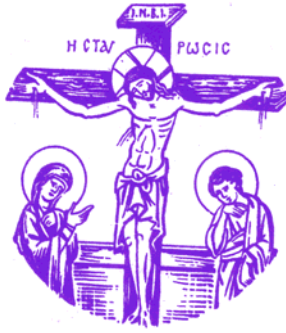
DONATIONS FOR HOLY WEEK AND EASTER

The St. Haralambos Church is very grateful, because every year we have so many thoughtful donors who step forward with Easter donations for general purposes and for those things that are needed for our celebration of Holy Week and Easter. If you would like to make a donation to cover any of the items listed below, please call the church office at 847/647-8880.

30 potted Easter Lilies	\$35.00 each	3 Priest's Easter Candles	25.00 ea
2 Vigil Lambathes	20.00 each	Candles for the Cross (6 sets of 3)	15.00 per set
5 Flower Wreaths (stefani)	150.00	4 boxes Vaia	100.00 each
1 white sheets	20.00	2 boxes Palms	60.00
Olive Oil, Flour	25.00 (for Unction Service)		

All Easter donations, whether for these specific items or for the general needs of our Church, are greatly appreciated, and we thank you!

GREAT AND HOLY WEEK 2011



Η ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΕΒΔΟΜΑΣ 2011

THE SATURDAY OF LAZAROS (April 16)

8:30 am – Orthros
9:30 am – Divine Liturgy with Commentary

ΣΑΒΒΑΤΟ ΤΟΥ ΛΑΖΑΡΟΥ (16 Απριλίου)

8:30 πμ – Όρθρος
9:30 πμ – Θεία Λειτουργία

PALM SUNDAY (April 17)

8:00 am – Orthros
9:30 am – Divine Liturgy

ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ (17 Απριλίου)

8:00 πμ – Όρθρος
9:30 πμ – Θεία Λειτουργία

PALM SUNDAY EVENING

7:00 pm – Service of the Bridegroom

ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ – ΒΡΑΔΥ

7:00 μμ – Ακολουθία του Νυμφίου~Κασσιανή

GREAT AND HOLY MONDAY (April 18)

7:00 pm – Service of the Bridegroom

ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ (18 Απριλίου)

7:00 μμ – Ακολουθία του Νυμφίου

GREAT AND HOLY TUESDAY (April 19)

7:00 pm – Service of the Bridegroom;
Hymn of Cassiani

ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΤΡΙΤΗ (19 Απριλίου)

7:00 μμ – Ακολουθία του Νυμφίου,
Ύμνον της Κασσιανής

GREAT AND HOLY WEDNESDAY (April 20)

2:30 pm – The Sacrament of Holy Unction
7:00 pm – Orthros of the Last Supper,
Holy Unction Anointing

ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ (20 Απριλίου)

2:30 μμ – Το Μυστήριο του Ευχέλαιου
7:00 μμ – Όρθρος του Μυστικού Δείπνου,
Ευχέλαιον

GREAT AND HOLY THURSDAY (April 21)

6:00 am – Divine Liturgy of the Mystical Last
Supper (Holy Communion)
7:00 pm – The Twelve Passion Gospels

ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΠΕΜΠΤΗ (21 Απριλίου)

6:00 πμ – Θεία Λειτουργία του Μυστικού
Δείπνου (Θεία Κοινωνία)
7:00 μμ – Τα Πάθη (Δώδεκα Ευαγγέλια)

GREAT AND HOLY FRIDAY (April 22)

9:00 am – The Royal Hours
2:00 pm – The Descent from the Cross
7:00 pm – Service of the Lamentations

ΑΓΙΑ ΚΑΙ ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ (22 Απρ)

9:00 πμ – Οι Βασιλικές Ωρες
2:00 μμ – Εσπερινός της Αποκαθηλώσεως
7:00 μμ – Ο Επιτάφιος Θρήνος

GREAT AND HOLY SATURDAY (April 23)

8:30 am – Liturgy of the "First Resurrection"
(Holy Communion)

ΑΓΙΟΝ ΚΑΙ ΜΕΓΑ ΣΑΒΒΑΤΟ (23 Απριλίου)

8:30 πμ – Λειτουργία «Πρώτης ναστάσεως»
(Θεία Κοινωνία)

HOLY SATURDAY EVENING

11:00 pm – Orthros
12:00 am – **THE RESURRECTION,
LITURGY OF PASCHA**

ΜΕΓΑ ΣΑΒΒΑΤΟ ΒΡΑΔΥ

11:00 μμ – Όρθρος
12:00 πμ – **Η ΑΝΑΣΤΑΣΙΣ, ΘΕΙΑ ΛΕΙΤΟΥΡΓΙΑ
ΤΟΥ ΠΑΣΧΑ**

PASCHA SUNDAY (April 24)

11:30 am – **THE "AGAPI" EASTER VESPERS
OF LOVE**

ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ (24 Απριλίου)

11:30 πμ – **ΕΣΠΕΡΙΝΟΣ ΤΗΣ ΑΓΑΠΗΣ**

BRIGHT FRIDAY – (April 29)

THE LIFE-GIVING FOUNTAIN
8:30 am – Orthros and Divine Liturgy

ΠΑΡΑΣΚΕΥΗ ΤΗΣ ΛΑΜΠΡΗΣ

ΤΗΣ ΖΩΟΔΟΧΟΥ ΠΗΓΗΣ (29 Απριλίου)
8:30 πμ – Όρθρος και Θεία Λειτουργία

HAPPY EASTER!

ΚΑΛΟ ΠΑΣΧΑ!

ANNOUNCEMENTS—ΑΝΑΚΟΙΝΩΣΕΙΣ

IMPORTANT ANNOUNCEMENT — We would like to remind everyone that, on Holy Wednesday, Holy Unction will only be given by anointing. If there is a need for the anointing of the sick or those who are unable to attend the service, the priest will visit and anoint those persons by arrangement at the proper time. Holy Unction will no longer be giving out.

SHUT-INS—Please inform the Church office about elderly or ill individuals who would like our priest to visit them and bring them Holy Communion during this holy season.

HOLY CONFESSION--Great Lent has begun, and it is customary to receive the Sacrament of Holy Confession during Lent. This can be done by appointment with Fr. Dean. We urge you: schedule your confession as early as possible and please do not wait until Holy Week!

SATURDAY OF LAZAROS FAMILY RETREAT “PROSPHORA: OUR OFFERING TO GOD”--Our Annual Sunday School Saturday of Lazaros FAMILY RETREAT will take place on April 16th, beginning at 9:00 am with a TEACHING LITURGY!!! **Have you ever wondered about the real meaning behind what happens in the Divine Liturgy?** – Then come and experience the Teaching or Commentary Liturgy! The Retreat Program will include a Lenten Lunch, Lesson, and a Craft Project. Proper Church clothes are required, and Pre-Registration is only \$20/family! Moms, dads, grandparents and kids are welcomed! **You must register so there will be enough supplies!** Registrations will be accepted until Thursday, April 14th.

ΑΝΑΚΟΙΝΩΣΗ—Θα θέλαμε να υπενθυμίσουμε εις όλους ότι την Μεγάλη Τετάρτη, το Άγιον Ευχέλαιον θα δίδεται μόνον κατόπιν χρίσεως από τους ιερείς. Εάν υπάρχει ανάγκη να χρισθεί κάποιος άρρωστος ή κάποιος που δεν μπορεί να έλθει στην εκκλησία, ο ιερέας θα φροντίσει να επισκεφτεί τα άτομα αυτά και να τα χρίσει στο σπίτι την καθορισμένη ώρα. Το Άγιον Ευχέλαιον δεν θα δίδεται πλέον εκτός εκκλησίας.

ΕΞΩΚΛΕΙΣΤΑ ΑΤΟΜΑ-Παρακαλούμε όπως πληροφορείτε το γραφείο της εκκλησίας δια τους ηλικιωμένους ή αρρώστους που θέλουν να λάβουν την Θεϊαν Κοινωνίαν και δεν δύνανται να έλθουν στην εκκλησία, ούτως ώστε ο ιερέας μας να προγραμματίσει να τους προσφέρει την Θεϊαν Κοινωνίαν όπου διαμένουν.

ΤΟ ΜΥΣΤΗΡΙΟΝ ΤΗΣ ΕΞΟΜΟΛΟΓΗΣΕΩΣ-Η Μεγάλη Σαρακοστή άρχισε και συνηθίζεται να γίνονται εξομολογήσεις κατά την διάρκειαν της Νηστείας. Δια να γίνει αυτό πρέπει να κανονίσετε συνάντηση με τον π. Κωνσταντίνο. Σας παροτρύνουμε να κανονίσετε ημερομηνία εξομολογήσεως το συντομότερον δυνατόν--μην περιμένετε να εξομολογηθείτε την Μεγάλη Εβδομάδα!

ΟΙΚΟΓΕΝΕΙΑΚΗ ΣΥΝΑΞΗ ΤΟΥ ΣΑΒΒΑΤΟΥ ΤΟΥ ΛΑΖΑΡΟΥ «ΤΑ ΠΡΟΣΦΟΡΑ ΠΟΥ ΠΡΟΣΦΕΡΟΥΜΕ ΣΤΟΝ ΘΕΟΝ» Η Ετήσια ΟΙΚΟΓΕΝΕΙΑΚΗ ΣΥΝΑΞΗ το Σάββατο του Λαζάρου θα λάβει χώραν την 16^η Απριλίου και θα αρχίσουμε στις 9:00 π.μ. με Διδακτικήν Λειτουργία! Η Σύναξη περιλαμβάνει νηστήσιμο πρόγευμα, μάθημα και χειροτεχνία. Εγγραφή είναι \$20 η οικογένεια! Προσκαλούνται όλοι μητέρες, πατέρες, παπούδες, γιαγιάδες και παιδιά! **Πρέπει να εγγραφείτε για να έχουμε αρκετές προμήθειες!** Ημερομηνία λήξεως εγγραφών είναι η Πέμπτη, 14 Απριλίου.

LENTEN NEWS FOR YOUTH

Saturday of Lazaros Family Retreat
“WHAT IS A RELIQUARY?”
9:00 am to 1:00 pm
Saturday, March 27, 2010

Holy Friday Family Retreat
11:00 am to 2:00 pm
Friday, April 22, 2011

LITTLE ANGELS

The Little Angels is a new fun group for children, ages 4 and under, that meets on Tuesdays from 11:30 am to 1:00 am. Snacks are provided. This is a great way for our kids and parents to meet each other and get to know one another.

GOYA NEWS

GOYA CONFESSION NIGHTS

Monday nights, April 4 and April 11 will be CONFESSION NIGHTS for all our GOYANS, from 7:30 to 9:30 pm. GOYANS are invited to come for Confession so that they might be prepared to celebrate PASCHA!

IONIAN VILLAGE ACCEPTING APPLICATIONS FOR SUMMER CAMP 2010:

Teens who have completed grades 7-12 may attend either Summer Travel Camp (STC) July 1-20, 2010 or Byzantine Venture (BV) July 25-August 13, 2010. For more information about the program or to register for Summer Camp 2010 visit www.ionianvillage.org or contact the Ionian Village office at 646.519.6190.

March/April 2011

13 ORTHODOXY 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Liturgy 6:30—Pan-Orthodox Vespers	14 5:30 pm—Family Night 6:00-Compline 7:30 pm-GOYA	15 11:30—Little Angels 4:30 pm—Greek School 7:30 pm—Orthodoxy 102	16 6:00-Liturgy of Presanctified 8:00 pm—Parish Council mtg	17	18 4:30 pm—Greek School 7:00-Salutations	19 9:00 am—GSL
20 ST GREGORY PALAMAS 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Divine Liturgy	21 6:00-Compline	22 11:30—Little Angels 4:30 pm—Greek School 7:30 pm—Orthodoxy 102	23 6:00-Liturgy of Presanctified	24	25 ANNUNCIATION OF THEOTOKOS 8:30 am—Orthros and Liturgy 7:00-Salutations	26 9:00 am—GSL
27 VENERATION OF THE CROSS 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Divine Liturgy	28 5:30 pm—Family Night 6:00-Compline 7:30 pm-GOYA	29 11:30—Little Angels 4:30 pm—Greek School 7:30 pm—Orthodoxy 102	30 6:00-Liturgy of Presanctified	31	<h2 style="color: blue; text-decoration: underline;">APRIL</h2>	
3 ST JOHN OF THE CROSS 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Divine Liturgy	4 6:00-Compline 7:30—GOYA Confession Night	5 11:30—Little Angels 4:30 pm—Greek School 4:30 pm—PTA 7:30 pm—Orthodoxy 102 7:30 pm—Philoptochos Mtg	6 6:00-Great Canon of St. Andrew of Crete	7	8 4:30 pm—Greek School 7:00-Akathist Hymn	9 9:00 am—GSL
10 ST MARY OF EGYPT 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Divine Liturgy	11 5:30 pm—Family Night 6:00-Compline 7:30—GOYA Confession Night	12 11:30—Little Angels 4:30 pm—Greek School 7:00 pm—Pan-Orthodox Akathist	13 6:00-Liturgy of Presanctified 7:30 pm—Parish Council mtg	14	15 4:30 pm—Greek School	16 SATURDAY OF LAZAROS 8:30-Orthros and Liturgy 9:00 am—GSL

HOLY WEEK

17 PALM SUNDAY 8:15 am—Orthros 9:30 am—Sunday School 9:45 am—Liturgy 7:00 pm-Bridegroom	18 HOLY MONDAY 7:00 pm--Bridegroom Service	19 HOLY TUESDAY 7:00 pm--Bridegroom Service	20 HOLY WEDNESDAY 2:00p-Holy Unction 7:00 pm-Orthros of the Mystical Supper	21 HOLY THURSDAY 6:00 AM—Liturgy of the Mystical Supper 7:00 pm—The 12 Passion Gospels	22 HOLY FRIDAY 9:00 am—The Royal Hours 2:30 pm-Desscent from the Cross 7:00 pm-The Lamentations	23 HOLY SATURDAY 8:30 am-Liturgy of the "First Resurrection" 11:00 pm-Holy Resurrection
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St. Haralambos PTA Annual

Palm Sunday Luncheon

Sunday, April 17, 2011

following church services

Adults: \$15 (Fish and skordalia)

Children : \$8 (Spaghetti dinner)

\$15 Orders "to go"

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to make your reservations!